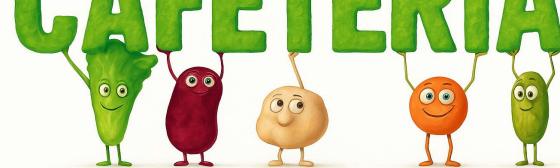


3 TO 6 FEBRUARY 2026

Delischool

CAFETERIA




	Monday	Food Traffic Light Guide	Tuesday	Food Traffic Light Guide	Wednesday	Food Traffic Light Guide	Thursday	Food Traffic Light Guide	Friday	Food Traffic Light Guide
STARTER		●	✓ Soup Of The Day	●	✓ Croque Monsieur	●	✓ Caesar Salad	●	✓ Potato Soup	●
WESTERN		● ● ●	✓ Pan Fried Perch Fillet ✓ Arabbiaita Sauce ✓ Pasta ✓ Steamed Cauliflower & Green Peas	● ● ●	✓ BBQ Chicken ✓ Cheese Baked Macaroni ✓ Chef Salad	● ● ●	✓ Beef Goulash ✓ Mashed Potato ✓ Butter Broccoli	● ● ●	✓ Perch Fillet with Salsa ✓ Pilaf Rice ✓ Roasted Zucchini & Capsicum	● ● ●
ASIAN		● ● ●	✓ Turmeric Fried Chicken ✓ Steamed Jasmine Rice ✓ Stir Fried Long Bean & Carrot	● ● ●		● ● ●	✓ Chicken Bulgogi ✓ Steamed Korean Rice ✓ Stir Fried Beansprout & Chives	● ● ●	✓ Pop Corn Chicken ✓ Fried Yellow Noodle ✓ Stir Fried Choy Sam	● ● ●
VEGETARIAN (V)		● ● ●	✓ Stir Fried Tempe, Long Bean & Carrot(V) ✓ Steamed jasmine Rice(V)	● ● ●	✓ Tofu & Corn Fried Rice(V) ✓ Choi Sam Soy Sauce(V)	● ● ●	✓ Chickpeas Goulash(V) ✓ Mashed Potato(V) ✓ Butter Broccoli (V)	● ● ●	✓ Vegeterian Chicken Pop Corn ✓ Fried Yellow Noodle ✓ Stir Fried Choy Sam(V)	● ● ●
DAIRY			Camembert Cheese	●	Edamer Cheese	●	Fruit Yoghurt	●	Cheddar Cheese	●
FRUIT & DESSERT			Watermelon	●	Butter Cake	●	Banana	●	Chocolate Cake	●



9 TO 13 FEBRUARY 2026

Delischool CAFETERIA



	Monday	Food Traffic Light Guide	Tuesday	Food Traffic Light Guide	Wednesday	Food Traffic Light Guide	Thursday	Friday	Light Guide	
	✓ Soup Of The Day	●	✓ Mixed Salad	●	✓ Pumpkin Soup	●	✓ Chopped Salad	●	✓ Golden Carnival Sweet Corn & Chicken Soup	●
WESTERN	✓ Grilled Chicken ✓ Brown Sauce ✓ Butter Couscous ✓ Toasted Spinach	● ● ●	✓ Oven Baked Fish ✓ Pomodoro e Erbe (Tomato and Herb Sauce) ✓ Potato Wedges ✓ Grilled Zucchini & Capsicum	● ● ●	✓ Chicken Alfredo ✓ Spaghetti ✓ Steamed Broccoli	● ● ●	✓ Pan Fried Fish ✓ Orange Butter Sauce ✓ Garlic Rice ✓ Steamed Cauliflower & Carrot	● ● ●	<u>CARNAVAL</u> ✓ Sweet & Tangy Grilled Lamb ✓ Black Pepper Sauce ✓ Mashed Potatoes ✓ Carrot Vichy	● ● ●
ASIAN	✓ Fish Makhani ✓ Steamed rice ✓ Stir Fry Baby Kailan	● ● ●	✓ Crispy Chicken With Thai Sauce ✓ Fried Glass Noodle ✓ Thai Mango Salad	● ● ●			✓ Chicken Kurma ✓ Basmathi Rice ✓ Roasted Egg Plant	● ● ●	✓ Chicken Mandy ✓ Mandy Rice ✓ Tomato Salsa	● ● ●
VEGETARIAN (V)	✓ Brown Glaze Mushroom(V) ✓ Butter CousCous(V) ✓ Toasted Spinach(V)	● ● ●	✓ Tofu with Thai Sauce ✓ Fried Glass Noodle ✓ Thai Mango Salad	● ● ●	✓ Sweet Sour Vegetarian "Fish" ✓ Chinese style Fried Rice ✓ Pak Choy Oyster Sauce	● ● ●	✓ Tofu & Chickpeas Kurma ✓ Basmathi Rice ✓ Roasted Egg Plant	● ● ●	✓ Tofu and Brinjal (V) ✓ Mandy Rice(V) ✓ Tomato Salsa(V)	● ● ●
DAIRY	Brie Cheese	●	Cammenbert Cheese	●	Cream Cheese	●	Cheddar Cheese	●	Fruit yoghurt	●
FRUIT & DESSERT	Watermelon	●	Red Velvet Cake	●	Papaya	●	Banana	●	Fruit Cocktail Pudding	●



19 TO 20 FEBRUARY 2026
(DSKL ONLY)



Delischool CAFETERIA



	Monday	Food Traffic Light Guide	Tuesday	Food Traffic Light Guide	Wednesday	Food Traffic Light Guide	Thursday	Food Traffic Light Guide	Friday	Food Traffic Light Guide
STARTER		●		●		●	✓ Chopped Salad	●	✓ Mushroom Soup	●
WESTERN		●		●		●	✓ Roasted Chicken Marinara ✓ Linguine ✓ Roasted Broccoli & Bell Peppers	●	✓ Honey Lemon Baked Fish Butter Rice ✓ Sautéed Mediterranean Vegetables	●
ASIAN		●		●			✓ Fish Tandoori ✓ Basmati Rice ✓ Cucumber Raita	●	✓ Chicken Pad Kra Pao ✓ Steamed Rice ✓ Stir Fry Long Beans	●
VEGETARIAN (V)		●		●		●	✓ Beancurd & Chickpeas Tandoori(V) ✓ Basmati Rice(V) ✓ Cucumber Raita(V)	●	✓ Honey Lemon Baked Tofu(V) ✓ Butter Rice(V) ✓ Sautéed Mediterranean Vegetables(V)	●
DAIRY		●		●		●	Brie Cheese	●	Strawberry Yoghurt	●
FRUIT & DESSERT		●		●		●	Rock Melon	●	Carrot Cakes	●



23 TO 27 FEBRUARY 2026
(DSKL ONLY)



Delischool CAFETERIA



	Monday	Food Traffic Light Guide	Tuesday	Food Traffic Light Guide	Wednesday	Food Traffic Light Guide	Thursday	Food Traffic Light Guide	Friday	Food Traffic Light Guide
STARTER	✓ Soup Of The Day	●	✓ Chef Salad	●	✓ Mini Pizza	●	✓ Spring Roll	●	✓ Potato Leek Soup	●
WESTERN	✓ Fish and Chips ✓ Tartare Sauce ✓ Garden Mix Salad	●	✓ Peri Peri Chicken ✓ Garlic Butter Rice ✓ Baked Broccoli	●	✓ Chicken Maryland ✓ Demi Glaze ✓ Loaded Mash Potatoes ✓ Chef Salad	●	✓ Poisson Basquaise ✓ Pasta ✓ Grilled Zucchini		✓ Roasted Chicken ✓ Espagnole Sauce ✓ Roasted Herb Potatoes ✓ Sauteed Zucchini and Capsicum	●
ASIAN	✓ Salted Egg Chicken ✓ Steamed Jasmine Rice ✓ Stir Fry Mix vegetables	●	✓ Ginger Scallion Fish ✓ Fried Yee Mee ✓ Braised Kailan	●			✓ Chicken Rice ✓ Honey Roasted Chicken ✓ Condiments		✓ Fish karaage ✓ Steamed Japanese Rice ✓ Stir Fry Beansprout & Chives	●
VEGETARIAN (V)	✓ Salted Egg Beancurd & Tempe ✓ Steamed Jasmine Rice ✓ Stir Fry Mix Vegetables	●	✓ Vegetarian Peri Peri "Chicken" ✓ Garlic Butter Rice ✓ Baked Broccoli	●	✓ Egg Tofu Soy Sauce ✓ Steamed white Rice ✓ Braised cabbage With Egg	●	✓ Tofu Basquaise ✓ Pasta ✓ Grilled Zucchini		✓ Crispy Tofu ✓ Steamed Japanese Rice ✓ Stir Fry Beansprout & Chives	●
DAIRY	Edamer Cheese	●	Camembert Cheese	●	Crème Caramel	●	Strawberry Yoghurt		Ice-Cream	●
FRUIT & DESSERT	Apple	●	Berry Cakes	●	Watermelon	●	Fruit Cake		Banana	●

Information & Healthy guidelines



Information & Privilege

All of the food served is HALAL compliant.

Please note that our menu is subject to change based on the availability of seasonal ingredients

Delischool Healthy Food Guidelines:

Our meals consist of a starter, a main course featuring one protein, one carbohydrate, and one vegetable, bread, dairy, fruit, and a special dessert twice a week.

We mainly bake, grill, steam, lightly stir-fry or boil our foods. Deep frying is limited within our menu cycle.

We do not add MSG (Monosodium Glutamate) to our cooked foods.

We reduce saturated fat, sugar, salt & artificial coloring in our cooking
Guaranteed nut free and MSG free.

We provide a Traffic Light Eating guide to help students make healthy food choices. Vegetarian options are indicated with a (V) symbol.

Delischool