

Montag

Sewing

Creative work with textile, wool, needle and yarn
with Punitha



HOW TO TEACH KIDS TO SEW



This Teaching Kids to Sew post is written from my experience with my kids. They are now (a girl and a boy) and I have to say, they are getting rather good at sewing. When I say “good”, I mean that they are able to make neat little stitches on a simple “two fabric piece” sewing project. And I would say, generally speaking are better at sewing than their peers. When my kids sew, they tend to do the running stitch – which is the most straight forward and I am now looking to teach them more new stitches – like the back stitch and an over or hemming stitch. So if you are looking for ways for Teaching Kids to Sew, take a look at how we did it... and see if this is a way that would work for you.

This post applies to teaching boys and girls to sew too! I have one of each gender and both my kids like sewing –We have lots of [easy sewing projects for kids](#) to help you on your way too!

Dienstag



Mein Körper und ich

Hallo, ich bin Rieke und in dieser AG werden wir spielerisch unseren Körper entdecken und das Selbstwertgefühl stärken.

Durch abwechslungsreiche Bewegungsspiele, Elementen aus dem Qi Gong und entspannenden Massagen sowie Traumreisen stärken wir unser Körperbewusstsein und fördern unsere Gesundheit und das Wohlbefinden.

Die Kinder können sich für sich selbst und andere Zeit nehmen und mit viel Spaß und Freude zu innerer Ruhe finden.

Die Kinder können ihre eigene Kreativität ausleben und das Programm bleibt flexibel genug, sodass jedes Kind das bekommt, was es gerade braucht.

Komm vorbei und mach mit!



BAZAART



Cooking AG

My name is Punitha Harrumuhum. Teaching cooking and baking lesson. We know that children like to imitate most of what the adults do. Cooking not only offers a special treat for children, it also instills a positive life habit. You want them to grow up physically strong and healthy. What's a better way to show them how, through self-food preparations. I want to introduce: Asia Food, Western Food, Snack, Cookies, etc: healthy and unhealthy food.

It takes initiative and enthusiasm to involve children in the preparation of a home cooked meal. However, if you think about the benefits your child will gain and most of all the fun from the experience, it becomes well worth the effort.

Here are some points that your child will be learning in the AG and it would be nice that you may want to explain and/or to discuss with your child at home.

- Types of kitchen utensils
- Different types of food
- Look, smell and taste of various types of food
- Measurements and types of ingredients used
- Reasons of food to be kept in refrigerator or freezer
- How heat changes food
- Reasons of variety of food being served during each meal
- Appealing food presentation to make them look appetizing and yummy

Donnerstag

Kindertanzen



Liebe Eltern,
mein Name ist Laura Hense und ich biete
wöchentlich am Mittwoch die Tanz-AG
„Kinder **Donnerstag** IN.

Hier erleben die Kinder bei einer spielerischen
Bewegungserziehung unter anderem
Körperbewusstsein, Körperhaltung,
Musikalität und Raumgefühl anhand von
Mitmach-Liedern und Tanzspielen.
Ich habe bereits Kenntnisse als Tanzlehrerin
von 3-12 Jahren und freue mich sehr darauf,
weitere Erfahrungen zu sammeln und auf das
gemeinsame Tanzen und Spielen!

Viele liebe Grüße

5...6...7...8
Let's
move!

JOIN
HERE

Freitag



CAPOEIRA

BY
INSTRUTORA CHRISTINE
aka Instrutora Feiticeira
for ages 4 to 6

Capoeira is an exhilarating art from Brazil. It incorporates elements of martial arts, dance, acrobatics and music. Capoeira will improve coordination, strength, flexibility and agility.

Children naturally LOVE to MOVE... whether it's running, jumping or somersaulting.
And THAT is what Capoeira is about and more!



Instrutora Christine Feiticeira has been practising Capoeira since 2008 under Professor Rafael of Movimento Simples de Capoeira. Christine has been working with kids since 2010 at the academy, local homes, as well as international schools around the Klang Valley. MSC has successfully raised the level of Capoeira in Malaysia to new heights and inspired hundreds of students throughout the country. Movimento Simples de Capoeira is the most well known group in Malaysia and our affiliate groups can be found in Bangkok, Kuching, Kota Kinabalu, Shanghai and Tokyo.

www.movimento.my

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